# **Elifestyle**

# 3 Train the Trainers (ToT) online sessions - overview

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### **Abstract**

This report is a special case deliverable. It has been written to provide a documentation and short overview of the process and key outputs of the 3 Train the Trainers (ToT) online sessions implemented under WPI of the PSLifestyle project. The report shares the overall aims of the training sessions and methodology, followed by an overview of each of the 3 sessions in turn. For the individual sessions we share the specific aims, agenda and outputs (including visuals from the online whiteboard spaces used for the interactive activities, and synthesised inputs from the participants). Finally, we share highlights of the participant feedback provided on the ToT process and conclusions.

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# **TABLE OF CONTENTS**

Introduction	
Aims of the training sessions	
Methodology	
Overview of sessions	5
Session 1: Participant recruitment and engagement	5
Session 2: Designing an engaging and effective session	10
Session 3: Gathering inputs and keeping citizens engaged	15
Feedback on the ToT methodology	22
Conclusion	23
Annex 1: Participant lists	24

#### Introduction

## Aims of the training sessions

There were two main aims of the Train the Trainers (ToT) online sessions:

- To design and run a series of training sessions to support the preparation of local partners / implementers to plan and run the PSLifestyle Citizen Science Labs (CSLs);
- To provide interactive live sessions to complement and build upon the following CSLs and project documents (or relevant parts thereof): The PSLifestyle Citizen Science Labs Governance Framework; The PSLifestyle Citizen Science Labs Manual; Participant Recruitment and Engagement Strategy; the PSLifestyle Communication and Dissemination Strategy.

### Methodology

The following methodology was used in the design and facilitation of the 3 training sessions.

#### Approach, structure and topics

The general concept was to create a training programme which had an interactive, capacity building approach. In order to design something of practical and long-term use for the project partners, key principles used in the design included:

- Basing content on existing/in development project resources related to the CSLs design and implementation (as highlighted above) in order to align frameworks with practical steps, share key content in an interactive manner and link activities to the documents throughout, in order to maximise the use of their content;
- Providing a space for partners to share best practices and ideas between themselves, given the range and variety of relevant experience within the group (i.e., peer learning);
- Keeping session content to that which is of practical use to the local partners. This
  meant relating the activities to the tasks that partners would be carrying out following
  the training sessions, in the recruitment and engagement of participants; the design
  and implementation of their CSLs; and follow up after the meetings.

 Creating a balance of information sharing/presentations, whole group discussions/activities and small group work, in order to maximise the engagement of participants, retention of key information and building of capacity for the key tasks ahead.

The sessions were designed to form a 3-part series of 2.5hr workshops, each a week apart, in which each training session would cover different topics of relevance to the partners setting up their local CSL:

- Participant recruitment and engagement
- Designing an engaging and effective session
- Gathering inputs and keeping citizens engaged

#### **Facilitation methods**

A variety of methods used in the design and facilitation of the sessions was chosen to maximise the interactive opportunities of the workshops, while providing and gathering useful practical information and insights for the partners to use beyond the training sessions. Examples include: presentations, icebreakers, Q&A, whole group brainstorming, whole group discussion, small group discussion, small group activities (e.g., filling in templates based on presented information, adapted to local CSL context) and feedback gathering.

#### **Online environment**

The training sessions were held online using the Zoom video call platform. For each session, a Miro board was used to present information and provide space for participants to contribute information in whole group discussions and in breakout group activities. For the purposes of this report, we have included highlights of some of the Miro frames and screenshots from the training sessions, rather than an exhaustive documentation. Full materials have been archived within the project and are available for partners to use in their ongoing work.

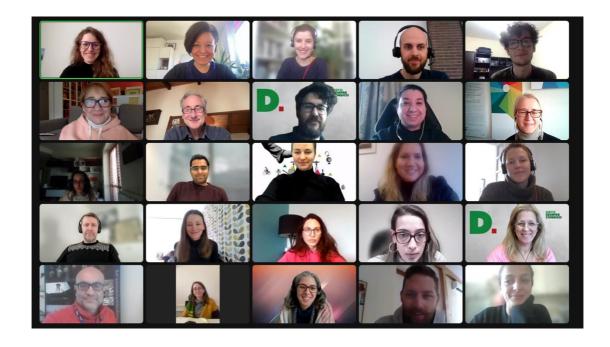


Figure 1: Screenshot of the group during one of the online training sessions.

#### **Participants**

A registration link was set up for each session, in order to know how many participants would be present, and pre-allocate people to breakout groups. While attendance from at least one representative from each local partner was encouraged (with no limit on how many people could attend), the sessions were also recorded for anyone who could not attend (available within the project files for partners to access as needed).

The sessions had 36 (session 1), 34 (session 2) and 34 (session 3) participants (as per the online registration). A full list of participants is available in Annex 1.

#### Organising partners' roles

The sessions were designed by CSCP working with several other project partners. The roles undertaken by each are set out in the table below.

Organisation	Role in training sessions
CSCP	Overall design of 3-session series
	Overall moderation of the 3 sessions
	Breakout group facilitation
	Design of training session materials (e.g., agendas, Miro boards and facilitation notes)

	Development of content for some presentations/activities (e.g., overview of elements of lab methods, digital tools)
	Coordination of participants (registration and breakout group planning)
EHNet	Input on overall design of the 3-session series
	Input on agenda/facilitation plan for all 3 sessions
	Development of content for some presentations/activities in all 3 sessions
	Presentations during sessions, facilitation of group activities/discussions in all 3 sessions (e.g., on participant recruitment, engagement and inclusion)
	Breakout <b>group</b> facilitation in all 3 sessions
ICLEI	Input on overall design of the 3-session series
	Input on agenda/facilitation plan for session 1
	Development of content for some presentations/activities in session 1
	Presentation during session 1, facilitation of group discussions in session 1     (e.g., on communication tools for reaching out to participants)
	Breakout group facilitation in session 1
Sitra	Input on overall design of the 3 session series
	Input on agenda/facilitation plan for sessions 2 and 3
	Development of content for some presentations/activities in session 2
	<ul> <li>Presentations during session 2, facilitation of group discussions in session</li> <li>2 (e.g., on lab agenda and facilitation methods)</li> </ul>
	Breakout group facilitation in session 2

Figure 2: Table showing roles of organising partners.

# Overview of the sessions

The training sessions were held on the following dates:

Date	Session topic
Tuesday 22 Feb: 13:30 – 16:00	Participant recruitment and engagement
Wednesday 2 March: 13:30 - 16:00	Designing an engaging and effective session
Thursday 10 March: 13:30 - 16:00	Gathering inputs and keeping citizens engaged

Figure 3: Table showing dates of training sessions.

The following sections of this report provide an overview of each session: the specific topic aims, the agenda and the outputs generated.

# Session 1: Participant recruitment and engagement

#### **Aim**

The first training session aimed to provide partners with the information and tools they needed in order to:

- Find participants for the CSLs in their pilot regions, through mapping participants and identifying multipliers.
- Make the CSLs attractive to citizens, both in terms of understanding and working with motivations, messaging and outreach; and practically reaching out to potential participants.

This session highlighted key content from the Participant Recruitment and Engagement Strategy and The PSLifestyle Citizen Science Labs Manual in particular.

#### Agenda

	Training session	on 1: Participant recruitment and engagement Tuesday 22 Feb: 13:30 – 16:00
Topic	Timing	Activity
Welcome	13:30-13:40	<ul> <li>Welcome and workshop agenda</li> <li>Welcome and introduction activity</li> <li>Agenda overview</li> <li>Using Miro</li> <li>Recording started</li> </ul>

Finding participants	13:40-14:10	Mapping participants	
		Small group activity – adding multipliers to their county templates	
Break	14:30-14:50	Active break     Participants encouraged to take an active break by going outside, prompt to look for anything which could help them reach a participant target group	
Making your CSL attractive to citizens	14:50-15:20	Motivations, messaging and outreach activities  • Short presentation on motivations, incentives and messaging  • Whole group activity – add adding motivations, incentives, activities  • Short presentation on barriers to participation  • Discussion of how to address barriers	
	15:20-15:50	Reaching out to potential participants     Short presentation on key communication tools available to help reach participants     Small group activity – adding activities and communication tools linked to participant groups and multipliers on their country templates	
Wrap-up and next session	15:50-16:00	<ul> <li>Wrap-up, feedback and next session</li> <li>Participants invited to provide feedback on the session (what they will take away with them, what could be improved for the next session)</li> <li>Summary of session and reminder of registration for the next session</li> </ul>	

Figure 4: Agenda of first training session.

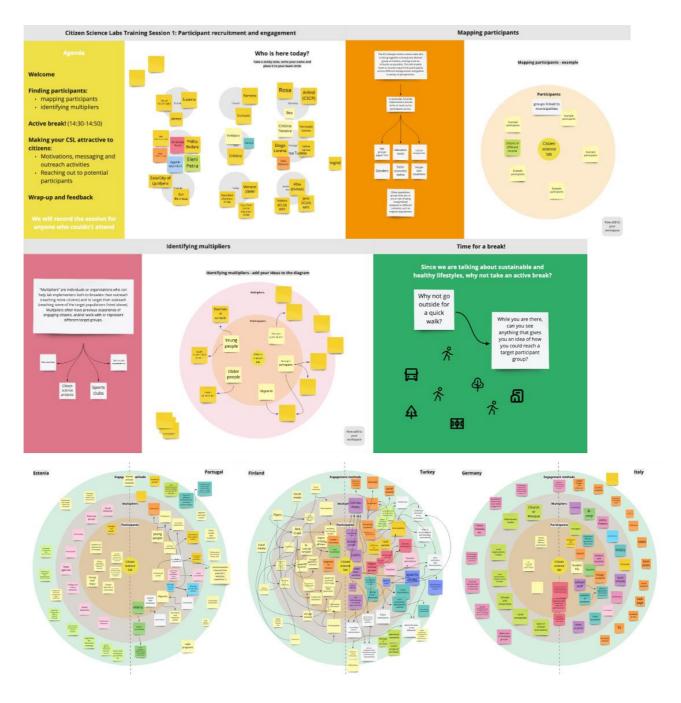


Figure 5: Miro frames from training session 1.

#### **Outputs**

The main outputs of the first session for the participants were completed templates in which they had mapped out potential participant groups, multipliers and engagement methods for their country CSL context. These can be used as a basis for their participant recruitment in the lead up to the specific lab meetings.

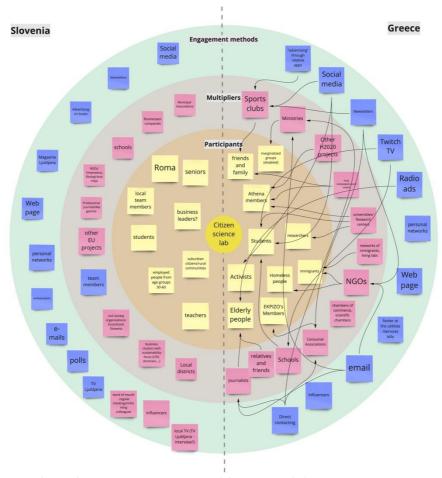


Figure 6: Completed session 1 Miro board template on participants, multipliers and engagement methods by Slovenian and Greek CSL teams.

Additionally, the whole group activity on motivations, messaging and outreach activity provided a large set of ideas which can be referred to by local partners as they develop their outreach work.

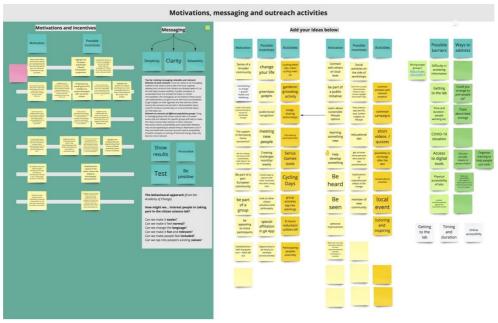


Figure 7: Completed session 1 Miro board whole group activity on motivations, messaging and outreach activities.

In this section of the training the facilitators presented some of the types of motivations that participants might have for taking part in a CSL meeting, and possible incentives which could tap into each of these types of motivations. The group was then invited to structure their own ideas and suggestions on (linked) motivations, possible incentives and activities in several columns on the board. The inputs from the Miro board activity have been synthesised into the following table.

Motivation	Possible incentives	Activities
Community		
Sense of a broader	Change your life	Cooking meet ups, urban
community		cycling meet
Be part of pan-European	Create ways to interact with	Cycling days
community	other countries, visit other	
	Living Labs	
Be part of a group	Look at other citizen solutions	Group activities (e.g. tree
	and philosophy	planting)
Connect with others on local	Societal activities on the side	
level	of workshops	
	Hear from a public	
	representative invited to talk	
	/ receive a gadget with	Common activities with
Be part of a public initiative	project logo	relevant projects
Be heard	Explanations of	Social/cultural activities
	related/broader effects of life	
	change	
Be seen	Member of new community	Local event

Learning			
Learn about sustainable	First ones to test the PSL tool,	Common campaigns	
lifestyle options	further insights on lifestyle		
Learning something new	Educational tips	Short videos/quizzes	
Personal improvement		Tutoring and inspiring	
Contribution			
Help develop something	Get to know more people who look for the same/network	Possibility to exchange after the labs	
Dissatisfaction with the green turn-feels left out	Opportunity to be heard, to ventilate (constructively)	Participating in people's assembly	
Make clear that they have been selected for their representativeness and their contribution is essential			
Contributing to change + greater Health and Wellbeing	GreenApes gadgets	Gardening/cooking activity	
Recognition			
Be appealing to more participants	Special affiliation in app	0,1 Euro reduction/utilities bill	
To be in the trend	Public/social recognition	Badge, sharing action/steps	

Figure 8: Table of synthesised inputs to motivations, incentives and activities session 1 group activity.

# Session 2: Designing an engaging and effective session

#### **Aim**

The second training session focused on how to design an engaging and effective session, supporting local partners to:

- Design a lab meeting agenda as well as further refine and contextualise the meeting's aims and purpose as a means to collect meaningful outputs;
- Create an interactive session, in terms of methods and activities as well as facilitation techniques;
- Run interactive online meetings, where required by e.g., pandemic restrictions at the time of the lab meetings.

## Agenda

<b>Training session 2:</b> Designing an engaging and effective session  Wednesday 2 March: 13:30 - 16:00		
Topic	Timing	Activity
Welcome	13:30-13:40	<ul> <li>Welcome</li> <li>Agenda overview</li> <li>Icebreaker activity</li> <li>Recording started</li> </ul>
Designing the lab agenda	13:40-14:00	<ul> <li>Short presentation of shared aims for this iteration of the CSLs, example agenda</li> <li>Short presentation on co-creation in this context</li> <li>Short presentation on logistics to consider</li> <li>Q&amp;A</li> </ul>
Creating an interactive session	14:00-14:40	<ul> <li>Short presentation on principles and tips for making the meeting interactive</li> <li>Examples of methods and activities that could work in this CSL round</li> <li>Short presentation of practical tips to support active participation</li> <li>Short presentation on facilitation techniques to make sure everyone is included</li> <li>Whole group activity – sharing examples of when they have felt really included or engaged in an event/meeting/session in which they have previously participated.</li> </ul>
Break	14:40-15:00	<ul> <li>Active break</li> <li>Participants encouraged to take an active break by going outside, prompt to look for anything which could help them reach a participant target group</li> </ul>
Running interactive online meetings	15:00-15:50	<ul> <li>Short presentation of things to consider when planning a meeting which can be moved online, or online from the start</li> <li>Short presentation on how to consider digital exclusion and digital literacy when you plan an online workshop</li> <li>Small group activity – given an example physical meeting agenda, how would the group transfer it to an online space (filling in template)</li> <li>Feedback on activity with whole group</li> </ul>
Wrap-up and next session	15:50-16:00	<ul> <li>Wrap-up, feedback and next session</li> <li>Participants invited to provide feedback on the session (what they will take away with them, what could be improved for the next session)</li> </ul>

• Summary of session and reminder of registration for the next session

Figure 9: Agenda of second training session.

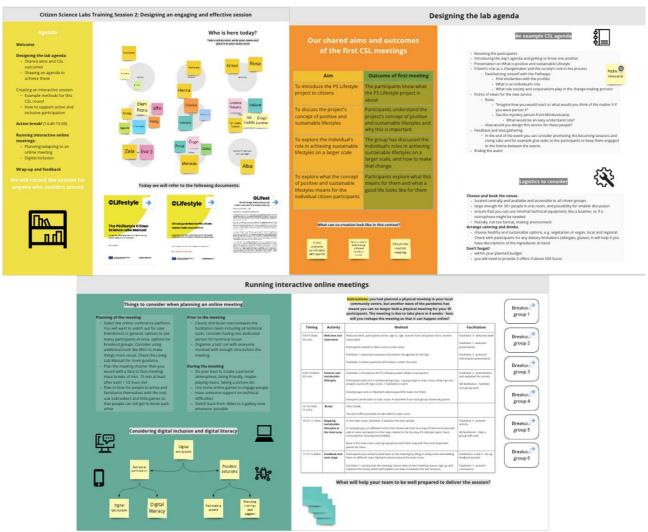


Figure 10: Miro frames from training session 2.

#### **Outputs**

In this session, some of the whole group discussions provided the most useful tips and ideas for the local partners to take forward. For example, the activity in which participants were invited to share examples of times in which they felt really included and engaged in a meeting/event provided a large number of inspirational examples of activities, methods and facilitation tips that the group can use as an ideas bank as they develop their CSL meeting agendas.

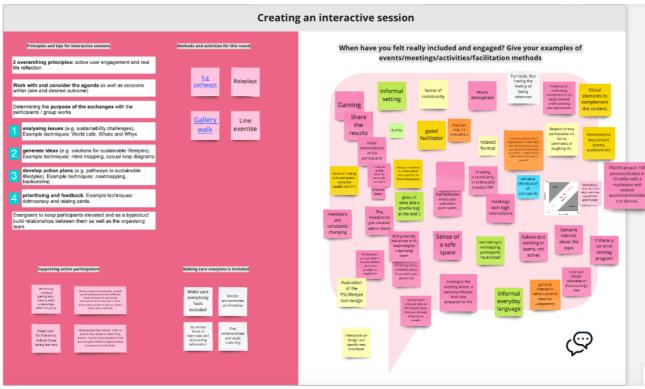


Figure 11: Completed session 2 Miro board whole group activity on creating an interactive session.

The inputs shared in this activity have been synthesized in the table below.

W	hen have you felt really included and engaged? Give your examples of meetings/events/activities/facilitation methods
Setting	Informal setting
	Members constantly changing
	Sense of safe space and warm atmosphere
	Informal everyday language
	Sitting or standing in circles rather that a person in front of everyone
	Freedom to get creative within limits
	Relaxed format
	Sense of it being a shared space - everyone equally part of it
	No direct questions to a single person "in spot light" like "we didn't hear from
	you yet, let us know what you think" maybe if you didn't hear there was a
	reason!!!
	Genuine interest about the topic
	Humour
Tools	Gaming
	Kahoot (but working in teams not alone)
	Fun tools. Not having the feeling of being observed
	To involve giving concrete, personal examples
	Coming to the meeting where a personal lifestyle story was prepared for me
	Visual elements to complement the content

Interaction	Being warmly welcomed in the beginning by organising team/if coming		
	alone, someone comes to welcome you personally		
	Having small bilateral talks at the beginning so that you already know some		
	people		
	Respect among participants: no funny comments or laughing etc.		
	Meetings with high interactions		
	Enhance the ideas of all participants		
	Genuine interest in others point of views (no judgement)		
	Follow up or confirming comments to my inputs: showed understanding and		
	appreciation		
	Half facilitated interaction with other participants		
Organisation	Initial presentations of the participants		
	Share the results		
	Informal breaks		
	Well defined objective that aligns with my capabilities and interest		
	Food can help the atmosphere/ glass of wine and goodie bag at the end		
	Clear and simple objectives of discussions/games		
	Sense of community		
	Moderation- enough time to discuss, there is no stupid question or suggestion		
	Good facilitator		
	Reminders to key content, pieces, questions, etc.		
	No strict limiting program		
Project	Evaluation of the PSlifestlye tool design		
examples	PACITA project: 100 persons divided in 10 tables with a moderator and several		
	questionaries/videos to discuss.		
	Creating a community of philosophy inquiry COPI		

Figure 12: Table summarizing the inputs to the group activity sharing best practice examples of inclusive and engaging sessions.

In terms of capacity building, the session provided a hands-on activity in which participants had to respond to a scenario in which their planned physical meeting had to be moved online at short notice. In small groups they then had to decide how to best adapt the agenda and methods of the meeting to fit the virtual context. This was a useful simulation of what could potentially happen should e.g., the pandemic context change in any of the CSL locations, enabling local partners to test out how they might react.

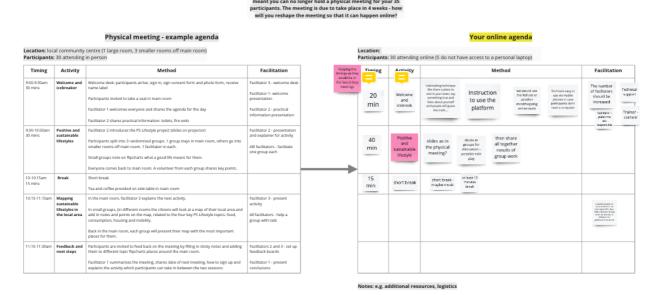


Figure 13: Session 2 completed Miro template for the exercise in which groups had to decide how to move a physical meeting online.

# Session 3: Gathering inputs and keeping citizens engaged

#### **Aim**

The third training session aimed to help local partners prepare to:

- Gather useful inputs from the lab meetings, in line with the shared aims for each iteration
- Keep citizens engaged between lab meetings, in order to have the same participants joining multiple times, where possible
- Gather feedback on the CSL method itself, from participants
- Reflect on the three ToT training sessions and develop country action plans to take forward their learnings

## Agenda

<b>Training session 3:</b> Gathering inputs and keeping citizens engaged  Thursday 10 March: 13:30 - 16:00		
Topic	Timing	Activity
Welcome	13:30-13:40	<ul> <li>Welcome</li> <li>Agenda overview</li> <li>Icebreaker activity</li> <li>Recording started</li> </ul>
Gathering useful inputs from lab meetings	13:40-14:30	<ul> <li>Short presentation on gathering useful inputs from the lab meetings</li> <li>Q&amp;A</li> <li>Small group activity – discussion on lab one outputs and how we can gather and record these</li> </ul>
Break	14:30-14:50	Active break     Participants encouraged to take an active break by going outside, prompt to look for anything which gives them an idea for another target group
Keeping citizens engaged between meetings	14:50-15:15	<ul> <li>Short presentation on providing feedback, creating a sense of community, co-creating and meaningfully engaging citizens</li> <li>Whole group discussion – what are the partners' capacities for running engagement activities between meetings?</li> <li>Activity – ways to keep people engaged between meetings (space to add ideas)</li> </ul>
Gathering feedback on the CSL method Reflection on the training	15:15-15:35 15:35-15:55	<ul> <li>Short presentation on gathering feedback on the CSL method</li> <li>Whole group activity – ideas of ways to gather feedback from CSL participants</li> <li>Small group activity (country groups) – reflection on the three training sessions, final questions, key</li> </ul>
sessions and country action plans		learnings, feedback and actions to take forward  • Sharing with the whole group
Wrap-up	15:55-16:00	<ul> <li>Wrap-up</li> <li>Time to answer remaining questions</li> <li>Sharing of where the resources from the sessions will be available</li> </ul>

Figure 14: Agenda of the third training session.

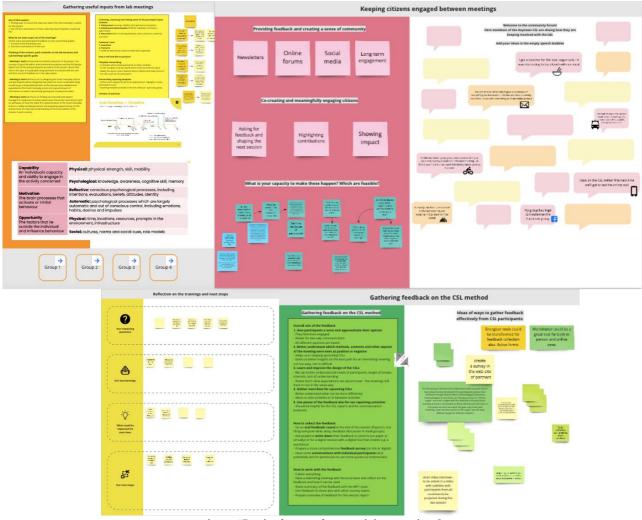


Figure 15: Miro frames from training session 3.

#### **Outputs**

One of the key outputs generated in the third session was a set of ideas on the data to be collected from the citizen science labs: the types of data we will need to collect, how we will collect it, and how we will record the data.

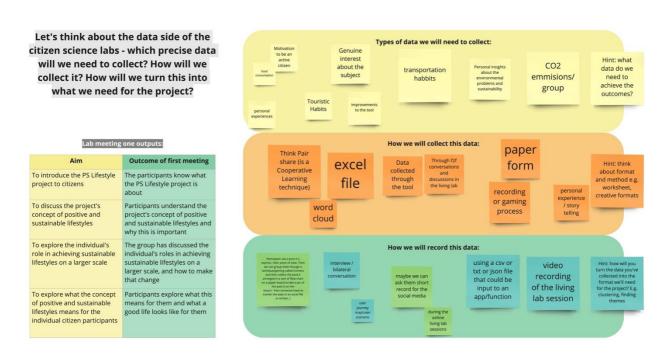


Figure 16: Completed Miro small group template on the data side of the CSLs.

This information is synthesised in the table below:

Type of data we will need to collect			
Demographic characteristics	First and last name, age, gender, profession		
Habits	Food consumption		
	Ways of living/eating/moving/consuming		
	Transportation habits		
	Touristic habits		
	Ask question - in which content (housing, mobility, food, consumption) are you the most sustainable and in which you could improve		
	Asking about beliefs on sustainability but also habits int the four areas (not only rely on the words but also actions)		
	CO2 emissions/group		
Knowledge	What does sustainable lifestyle mean/what does sustainability mean for you		

	Level of knowledge of the subject matter
	How people understand the idea of sustainability
	Understanding of knowledge level of people
	What is the "positive" scenario look like locally
	Do we need to correct people in their opinions
	What does sustainable food consumption mean
Emotions/interest	Emotions towards sustainability
	Genuine interest about the subject
	Understanding of the 4 topics: which they feel more comfortable to explore and change
Experiences	Personal experiences
	Personal insights about the environmental problems and sustainability
	Mapping participants-their views, experience
	What are the obstacles to have more sustainable life and how to come around them
	Stories of personal success and failure about sustainability
External factors	What needs to be adjusted in the local level, to help accelerate sustainability
	External factors that may influence (e.g. War and price raise)
Motivation	Motivation to be an active citizen
	Using Sitra framework of motivational profiles
	Level of readiness for action
Responsibility	Who needs to take responsibility-personal vs. Societal level
	What is your role in creating sustainable lives
Other	Improvements to the tool

How will we collect this data?	How will we record this data?
Open-source games/ tools	Photos to record data (All participants in all pilots take photos and we combine them from the different countries - smart meters from all over Europe)
Recording gaming process	<b>Audio recording</b> (Notability or similar in order to later map important comments to notes, digital tools like iPad)
Mentimeter	Clustering answers per topic and % of interest among participants
Slido	Questionnaire
Paper form/sticky notes	Post-it to express point of view, group them through Corners, collect the post-it arranged in a sort of flow chart on a paper board (take a pic of the post-it on the board - then someone have to transfer the data in an excel file or similar)
Word association/cloud	Interviews/bilateral conversation
Informal lunch/elements	User journey map/user scenario
Group work	Maybe we can ask them <b>short record for</b> the social media
Interactive elements and discussions	During the online lab sessions
Excel	Using a <b>csv or txt or jso</b> n file that could be input to an app/function
Personal experience/story telling	Video recording of the lab session
Using different groups with moderators- moderators will collect the data using specific forms/templates	Mindmapping
Provide some prototypes of do's and don'ts by showing and discussing on them	Discourse analysis

Open discussion followed by questionnaire (managed by moderator)- in breakout groups	
Give people enough time to reflect on answers, maybe even in invitation, and bring them in written format	
Ask participants to take pictures from one session to the next	
Think pair share (cooperative learning technique)	

Figure 17: Table showing synthesized outputs from session 3 activity on CSL data.

Additionally, ideas were gathered on ways to collect feedback effectively from CSL participants, shown in the table below.

# Ideas of ways to gather feedback effectively from CSL participants: Create a survey in the website of partners/Online survey is the best to be elaborated

Mentimeter (tool for in person and online feedback)

**Energiser tools** could be transformed for feedback collection

**Short video interview** (to be united in a video with subtitles with participants from all countries to be projected during the last session)

Preparing and publishing a feedback board containing visual and written materials

Social gatherings (e.g. Picnics)

Having an **open line/channel** where people can easily register all their thoughts about PSL the moment they have it (email, link, WhatsApp number)

Active forms

Face to face: let participants express their feedback through **diverse active**methodology/Cooperative methodologies or structures (as "throw your hat" or "Hit the
target": we create a target with the objective of the particular meeting and ask to the people
to throw their hat as much near to the center as more we match the goal than take a picture
of the target; different targets possible for different objectives)

Figure 18: Table showing summary of ideas on how to collect feedback effectively from CSL participants.

# Feedback on the ToT methodology

In each of the three training sessions, the participants were given space to provide feedback on the workshops. This was provided in response to two broad questions:

- What will you take away from this session?
- What could be improved for next time?

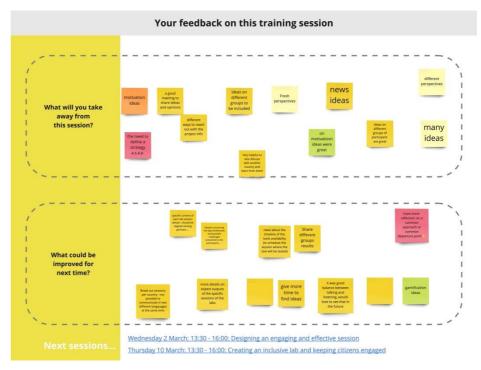


Figure 19: Completed Miro activity showing feedback on training session 1.

A summary of feedback is presented in the table below.

What will you take away from the sessions?	What could be improved for next time/future sessions?
Ideas and fresh perspectives	Having different types of breakout groups e.g. Some per country, others mixed (addressed in sessions 2 and 3)
Motivation ideas (for engaging participants) and methods of engagement, tools	More detailed guidance on elements of the CSLs e.g. Content and timelines (followed)

Examples and learnings from other partners/countries	Keeping a good balance between talking and listening (maintained in sessions 2 and 3)
Different uses of Miro as a workshop/presentation tool	More reflection on a common approach, have a basic proposal as a minimum (followed)
Insights into what makes an interactive session	Space for each CSL to plan (provided in session 3)
What an online meeting could look like	Play a game we could use in the lab – experience it ourselves first (idea to do in future meeting)
How to make participants feel included and the need to anticipate how different participants will feel/react	More material from the organizer (supported by various documents/resources)
Understanding the work to be done for the labs and the main aims	Have examples of real-life living labs (some available in citizen science report, can follow up on this)
Thinking about the data we will collect and how we will use it	Have PowerPoint slides to follow the presentations more easily
More clarity on structuring the workshop, timeframes	
Informal, proximity approach is key	
How to provide feedback	

Figure 20: Summary of participant feedback on the ToT sessions.

# **Conclusion**

This report has given an overview of the approach taken in designing and running the ToT sessions, and some of the main outputs gathered. Full documentation of each of the sessions has been made available to all local partners in order to refer to in the creation and implementation of the CSLs in their pilot regions, and sharing and capacity building will continue as the project progresses.

# **Annex 1: Participant lists**

Training session 1 participants list (from registration form)				
No.	Name	Organisation	Country	
1	Rosalyn Old	Facilitator (CSCP)	Germany	
2	Arlind Xhelili	Facilitator (CSCP)	Germany	
3	Rosa Strube	Facilitator (CSCP)	Germany	
4	Alba Godfrey	Facilitator (EHNet)	Belgium	
5	Samuele Tonello	Facilitator (EHNet)	Belgium	
6	Ingrid Stegeman	Facilitator (EHNet)	Belgium	
7	Valeria Eirin	Facilitator (ICLEI)	Germany	
8	Jennifer Cote	Facilitator (ICLEI)	Germany	
9	Jannus Jaska	LDIF/Rohetiiger	Estonia	
10	Susanna Vain	Green Tiger Foundation	Estonia	
11	Diogo Lorena	DECO	Portugal	
12	Celina Santos	DECO	Portugal	
13	Fernanda Santos	DECO	Portugal	
14	Cristina Teixeira	DECO	Portugal	
15	Sara Pinheiro	DECO	Portugal	
16	Isa Tudela	DECO	Portugal	
17	Zala Strojin Božič	City of Ljubljana	Slovenia	
18	Eva Brunova	Circular Change	Slovenia	
19	Anna Michalopoulou	EKPIZO	Greece	
20	Effie Zafeirakopoulou	ATHENA	Greece	
21	Aggeliki Gkamiliari	ATHENA	Greece	
22	Caralampo Focas	EKPIZO	Greece	
23	Phillip Bodare	ATHENA	Greece	

24	Eleni (NKUA)	ATHENA	Greece
25	Dushyant Manchandia	Sitra	Finland
26	Ramona Pulli	Sitra	Finland
27	Pınar Börü	Zeytince	Turkey
28	LEYLA ÖĞÜT	Zeytince	Turkey
29	Cansu Pelin İsbilen	Zeytince	Turkey
30	Menevis Uzbay Pirili	Zeytince	Turkey
31	Liane	CSCP	Germany
32	Cristina Galletti	greenApes	Italy
33	Veridiana Barucci	Sustainable Development Foundation	Italy
34	Ramona Aiello	greenApes	Italy
35	Fabrizio Santini	Fondazione per lo Sviluppo Sostenibile - Roma	Italy
36	Beatrice Meo	Hot or Cool Institute	Germany

	Training session 2 participants list (from registration form)				
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2	Arlind Xhelili	Facilitator (CSCP)	Germany		
3	Rosa Strube	Facilitator (CSCP)	Germany		
4	Alba Godfrey	Facilitator (EHNet)	Belgium		
5	Samuele Tonello	Facilitator (EHNet)	Belgium		
6	Dushyant Manchandia	Facilitator (Sitra)	Finland		
7	Ramona Pulli	Facilitator (Sitra)	Finland		
8	Jannus Jaska	LDIF/ Rohetiiger	Estonia		
9	Susanna Vain	Green Tiger Foundation	Estonia		
10	Henna Kurki	Sitra	Finland		

11	Effie Zafeirakopoulou	ATHENA	Greece
12	Anna Michalopoulou	EKPIZO	Greece
13	Aggeliki Gkamiliari	ATHENA	Greece
14	Caralampo Focas	EKPIZO	Greece
15	Eleni Petra	ATHENA	Greece
16	Phillip Bodare	ATHENA	Greece
17	Ramona Aiello	greenApes	Italy
18	Veridiana Barucci	Sustainable Development Foundation	Italy
19	Fabrizio Santini	Fondazione per lo Sviluppo Sostenibile	Italy
20	Cristina Galletti	greenApes SRL SB	Italy
21	Cristina Teixeira	DECO	Portugal
22	Sara Pinheiro	DECO	Portugal
23	Diogo Lorena	DECO	Portugal
24	Isa Tudela	DECO	Portugal
25	Sandra Cristina dos Rodrigues	DECO	Portugal
26	Celina Santos	DECO	Portugal
27	Fernanda Santos	DECO	Portugal
28	Zala Strojin Božič	City of Ljubljana	Slovenia
29	Eva Brunova	Circular Change	Slovenia
30	Menevis Uzbay Pirili	Zeytince	Turkey
31	ÖZGE YILMAZ	ZEYTINCE	Turkey
32	Cansu Pelin İsbilen	Zeytince	Turkey
33	Pınar Börü	Zeytince	Turkey
34	Jennifer Cote	ICLEI	Germany

Training session 3 participants list (from registration form)				
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4	Alba Godfrey	Facilitator (EHNet)	Belgium	
5	Samuele Tonello	Facilitator (EHNet)	Belgium	
6	Dushyant Manchandia	Facilitator (Sitra)	Finland	
7	Ramona Pulli	Facilitator (Sitra)	Finland	
8	Jannus Jaska	LDIF/ Rohetiiger	Estonia	
9	Susanna Vain	Green Tiger Foundation	Estonia	
10	Henna Kurki	Sitra	Finland	
11	Effie Zafeirakopoulou	ATHENA	Greece	
12	Anna Michalopoulou	EKPIZO	Greece	
13	Aggeliki Gkamiliari	ATHENA	Greece	
14	Caralampo Focas	EKPIZO	Greece	
15	Eleni Petra	ATHENA	Greece	
16	Phillip Bodare	ATHENA	Greece	
17	Ramona Aiello	greenApes	Italy	
18	Veridiana Barucci	Sustainable Development Foundation	Italy	
19	Fabrizio Santini	Fondazione per lo Sviluppo Sostenibile	Italy	
20	Cristina Galletti	greenApes SRL SB	Italy	
21	Cristina Teixeira	DECO	Portugal	
22	Sara Pinheiro	DECO	Portugal	
23	Diogo Lorena	DECO	Portugal	
24	Sandra Cristina dos Rodrigues	DECO	Portugal	
25	Celina Santos	DECO	Portugal	

Fernanda Santos	DECO	Portugal
Zala Strojin Božič	City of Ljubljana	Slovenia
Eva Brunova	Circular Change	Slovenia
Menevis Uzbay Pirili	Zeytince	Turkey
LEYLA ÖĞÜT	Zeytince	Turkey
Cansu Pelin İsbilen	Zeytince	Turkey
Pınar Börü	Zeytince	Turkey
Ingrid Stegeman	EHNet	Belgium
Beatrice Meo	НоС	Germany
	Zala Strojin Božič  Eva Brunova  Menevis Uzbay Pirili  LEYLA ÖĞÜT  Cansu Pelin İsbilen  Pınar Börü  Ingrid Stegeman	Zala Strojin Božič City of Ljubljana  Eva Brunova Circular Change  Menevis Uzbay Pirili Zeytince  LEYLA ÖĞÜT Zeytince  Cansu Pelin İsbilen Zeytince  Pınar Börü Zeytince  Ingrid Stegeman EHNet

# Project partners

































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